



## PATIENT INFORMATION LEAFLET

**SCHEDULING STATUS:** Unscheduled.  
Category D: Complementary medicine.  
Discipline: 34.7 Minerals.

## PROPRIETARY NAME, STRENGTH, AND PHARMACEUTICAL FORM

# SILVERLAB ioNano 46™ Nebulising Liquid, 25 ppm

## READ ALL OF THIS LEAFLET CAREFULLY BECAUSE IT CONTAINS IMPORTANT INFORMATION FOR YOU

- **Silverlab ioNano 46™** is available without a doctor's prescription, for you to treat a mild illness. Nevertheless, you still need to use **Silverlab ioNano 46™** carefully to get the best results from it.
- Keep this leaflet. You may need to read it again.
- Do not share **Silverlab ioNano 46™** with any other person.
- Ask your pharmacist or healthcare practitioner if you need more information or advice.

## WHAT SILVERLAB ioNano 46™ CONTAINS

Each 5 ml of **ioNano 46™** Nebulising Liquid contains 125 mcg of electrically isolated silver nano ions<sup>+</sup>.

### The other ingredients are:

Deionised purified water.

**Sugar-free.**

## WHAT SILVERLAB ioNano 46™ IS USED FOR

**Silverlab ioNano 46™** may be used as an antimicrobial (anti-viral, anti-bacterial and anti-fungal) agent to assist with various conditions. It also exhibits anti-inflammatory properties.

**Silverlab ioNano 46™** serves as a nebulising liquid and may alleviate respiratory symptoms such as a cough, shortness of breath or tight chest. It may also assist by supporting the immune system, and may therefore provide a first-line of defence against infections. Refer to the **Bodymap™** on the **Silverlab** website, [www.silverlab.co.za](http://www.silverlab.co.za), for further information.

### **BEFORE YOU USE SILVERLAB ioNano 46™**

Do not use **Silverlab ioNano 46™** if you are hypersensitive (allergic) to any of the ingredients. Adults should not ingest and/or inhale more than 396 litres of 25 ppm ionic<sup>+</sup> colloidal silver in their lifetime, an average of 5,6 litres per year, to prevent the possibility of Argyria developing. Although this is rare and appears to be purely cosmetic, excessive use may result in the body being unable to efficiently excrete the silver, resulting in deposits in the skin, internal organs, and tissues. This may result in the skin becoming permanently discoloured a gray or blue-gray colour. There is no known effective treatment for it. Early signs of Argyria include discolouration of the conjunctival membranes, gums and on the nail beds, just above the moon of the nail. Should this occur, please discontinue use and contact the **Silverlab** customer care number below.

Please consult your doctor prior to use in the case of impaired liver and/or kidney function.

This medicine has not been evaluated by SAHPRA for quality, safety or intended use. This medicine is not intended to diagnose, treat, cure or prevent any disease.

### **PREGNANCY AND BREASTFEEDING**

Safety during pregnancy and breastfeeding has not been established. If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, please consult your doctor, pharmacist or other healthcare practitioner for advice before taking this medicine.

### **USING OTHER MEDICINES WITH SILVERLAB ioNano 46™**

Use with caution in individuals taking blood thinning medication (e.g., warfarin). Always tell your healthcare provider if you are using any other medicine.

### **HOW TO USE SILVERLAB ioNano 46™**

Do not share medicines prescribed for you with any other person. Always use **Silverlab ioNano 46™** exactly as described in this leaflet, or as your doctor or healthcare practitioner has instructed you. You should check with your doctor, pharmacist or healthcare practitioner if you are unsure.

- Use undiluted.

### **Respiratory Ailments:**

- Nebulising of children must be done under the prescription or supervision of a doctor.
- If symptoms do not improve or if they deteriorate, please consult your doctor. Improvement should be noticed within 1-6 doses.
- Symptoms may include cough, shortness of breath or tight chest, which may be accompanied by a headache or generalised weakness.

- Please breathe normally, taking slow deep breaths, whilst nebulising to avoid possible dizziness or light-headedness due to hyperventilation.
- Best results are obtained whilst nebulising in an upright position.
- Alternate between inhaling through the nose and then through the mouth, if possible.

**Children 6-12 years of age:**

Days 1 and 2: Nebulise with 2,5 ml every hour until symptoms subside significantly or resolve (generally within 2 to 12 doses), or as prescribed.

Day 3 onwards: Nebulise with 2,5 ml two to three times a day until there is a complete resolution of symptoms (up to 14 days), or as prescribed.

**Children 12 years of age and older:**

Days 1 and 2: Nebulise with 5 ml every hour until symptoms subside significantly or resolve (generally within 2 to 12 doses), or as prescribed.

Day 3 onwards: Nebulise with 5 ml two to three times a day until there is a complete resolution of symptoms (up to 14 days), or as prescribed.

**Adults:**

Days 1 and 2: Nebulise with 5 ml every hour until symptoms subside significantly or resolve (generally within 2 to 12 doses), or as prescribed.

Day 3 onwards: Nebulise with 5 ml two to three times a day until there is a complete resolution of symptoms (up to 14 days), or as prescribed.

**IF YOU USE MORE SILVERLAB ioNano 46™ THAN YOU SHOULD**

In the event of overdosage, consult your doctor, pharmacist or the **Silverlab** customer care telephone number. Should none of these be available, contact the nearest hospital or poison control centre.

**IF YOU FORGET TO USE SILVERLAB ioNano 46™**

Do not use a double dose to make up for a missed dose.

**POSSIBLE SIDE-EFFECTS**

**Silverlab ioNano 46™** may have side effects. Please note that colloidal silver use (especially when taken orally or nebulised) may result in a Herxheimer reaction. This is when symptoms seem to temporarily worsen and can include headache, rash and even fever. As the pathogen dies off, these symptoms present and may last from a few hours up to 10 days. While this period may be uncomfortable, it is indicative that the colloidal silver is working. If it is tolerable and your healthcare practitioner agrees, please continue with the treatment. Alternatively, you can temporarily reduce the dose for a day or two and then gradually increase the dose to the recommended amount. It is also beneficial to drink plenty of water to help eliminate the toxins from the body.

Not all side-effects reported for **Silverlab ioNano 46™** are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking this medicine, please consult your doctor, pharmacist or other healthcare practitioner for advice. If you notice any side-effects not mentioned in this leaflet, please inform your doctor, pharmacist or healthcare practitioner.

#### **STORAGE AND DISPOSING OF SILVERLAB ioNano 46™**

Store all medicines out of the reach of children.

Store in a cool, dark place, below 25 °C.

Protect from direct sunlight and heat.

Do not freeze.

Store in the original bottle.

Keep the bottle tightly closed.

Replace the protective cap after each use.

Do not use after the expiry date stated on the bottle.

Do not use **Silverlab ioNano 46™** if you notice visible signs of deterioration.

Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

#### **PRESENTATION OF SILVERLAB ioNano 46™**

- 100 ml and 200 ml round, semi-transparent HDPE plastic bottles with blue lid.

#### **IDENTIFICATION OF SILVERLAB ioNano 46™**

Clear colourless liquid.

#### **REGISTRATION NUMBER**

TBA.

#### **NAME AND ADDRESS OF REGISTRATION HOLDER**

Manufactured by:

**Silverlab Healthcare**

27 Malta Road

Cosmo Business Park

Roodepoort

2188

Product of South Africa

Customer care +27 83 450 2112

Email: [info@silverlab.co.za](mailto:info@silverlab.co.za)

[www.silverlab.co.za](http://www.silverlab.co.za)

#### **ACCESS TO THE CORRESPONDING PROFESSIONAL INFORMATION**

See information on the website above.

**THIS LEAFLET WAS LAST REVISED ON**

10 March 2021.

## **PASIËNTINLIGTINGSBLAADJIE**

**SKEDULERINGSSTATUS:** Ongeskeduleer.

Kategorie D: Komplementêre Medisyne.

Dissipline: 34.7 Minerale.

### **HANDELSNAAM, STERKTE, EN FARMASEUTIESE FORMAAT**

# **Silverlab ioNano 46™ Nebulising Liquid (Silverlab ioNano 46™ Nebulisering Vloeistof), 25 dpm**

### **LEES DIE HELE INLIGTINGSBLAADJIE NOUKEURIG DEUR, DIT BEVAT BELANGRIKE INLIGTING VIR JOU**

- **Silverlab ioNano 46™** is sonder 'n doktersvoorskrif beskikbaar en is 'n aanvullende (komplementêre) medisyne. Jy moet **Silverlab ioNano 46™** egter nog steeds versigtig gebruik om die beste resultate te verkry.
- Hou hierdie voubiljet, dit mag dalk nodig wees dat jy dit weer lees.
- Moenie **Silverlab ioNano 46™** met enige ander persoon deel nie.
- Raadpleeg jou apteker of gesondheidswerker indien jy meer inligting of advies benodig.

### **WAT SILVERLAB ioNano 46™ BEVAT**

Elke 5 ml **Silverlab ioNano 46™** bevat 125 mkg elektries geïsoleerde silwer nano ione<sup>+</sup>.

#### **Die ander bestanddele is:**

Gedeïoniseerde gesuiwerde water.

**Suikervry.**

### **WAARVOOR SILVERLAB ioNano 46™ GEBRUIK WORD**

**Silverlab ioNano 46™** kan gebruik word as 'n antimikrobiëse (anti-virale, anti-bakteriese en swamwerende) middel om met verskillende toestande te help. Dit vertoon ook anti-inflammatoriese eienskappe.

**Silverlab ioNano 46™** dien as 'n vernevelende vloeistof en kan asemhaling simptome soos hoes, kortasem of stywe bors verlig. Dit kan ook behulpsaam wees met die ondersteuning van

die immuunstelsel en kan dus 'n eerste verdedigingslinie bied teen infeksies. Verwys na die **Bodymap™** op die **Silverlab** webwerf, [www.silverlab.co.za](http://www.silverlab.co.za), vir verdere inligting.

### **VOORDAT SILVERLAB ioNano 46™ GEBRUIK WORD**

Moenie **Silverlab ioNano 46™** gebruik indien jy hipersensitief (allergies) is vir enige van die bestanddele nie.

Volwassenes mag gedurende hul leeftyd nie meer as 396 liter 25 dpm ioniese<sup>+</sup> kolloïdale silwer inneem nie, of 'n gemiddeld 5,6 liter per jaar, om die moontlikheid van die ontwikkeling van Argirië te voorkom. Alhoewel dit skaars en slegs kosmeties is, kan oormatige gebruik daartoe lei dat die liggaam die silwer nie effektief kan uitskei nie, wat mag lei tot afsettings in die vel, inwendige organe en weefsels. Dit mag die vel permanent verkleur tot 'n grys of blou-grys kleur. Daar is geen effektiewe behandeling daarvoor bekend nie. Vroeë tekens van Argirië sluit in verkleuring van die konjunktiva, tandvleis en op die naelbed, net bokant die maan van die nael. As dit sou gebeur, moet u asseblief dadelik ophou om ioniese<sup>+</sup> kolloïdale silwer te gebruik, en die **Silverlab** kliëntediens nommer kontak.

Raadpleeg u dokter voor gebruik in die geval van verswakte lewer- en/of nierfunksie.

Hierdie medisyne is nie deur SAHPRA geëvalueer vir kwaliteit, veiligheid of beoogde gebruik nie. Hierdie medisyne is nie bedoel om enige siekte te diagnoseer, te behandel, te genees of te voorkom nie.

### **SWANGERSKAP EN BORSVOEDING**

Veiligheid in swangerskap en borsvoeding is nie vasgestel nie. Indien jy swanger is of borsvoed, of vermoed dat jy dalk swanger mag wees of beplan om swanger te raak, raadpleeg jou dokter, apteker of ander gesondheidswerker vir advies voor gebruik van die middel.

### **AS JY ANDER MEDISYNE SAAM MET SILVERLAB ioNano 46™ GEBRUIK**

Gebruik **Silverlab ioNano 46™** asseblief versigtig saam met bloed verdunners (soos warfarin). Stel altyd jou gesondheidswerker in kennis indien jy enige ander medisyne gebruik.

### **HOE OM SILVERLAB ioNano 46™ TE GEBRUIK**

Moenie jou medisyne met enige iemand anders deel nie. Gebruik **Silverlab ioNano 46™** altyd presies soos aanbeveel in die voubiljet, of soos voorgeskryf deur jou dokter, apteker of gesondheidswerker. Bevestig met jou dokter, apteker of gesondheidswerker indien jy onseker is.

- Gebruik onverdun.

**Asemhalingskwale:**

- Nebulisering van kinders moet onder die voorskrif of toesig van 'n dokter gedoen word.
- Raadpleeg u dokter as die simptome nie verbeter nie of as daar verswakking is. 'n Verbetering behoort binne 1-6 dosisse waargeneem te word.
- Simptome mag insluit hoes, kort asem, drukking op die bors en kan ook gepaard gaan met kopseer en algemene swakheid.
- Haal stadig en normaal asem, diep in en uit, tydens nebulisasie om lighoofdigheid te voorkom.
- Beste resultate word verkry wanneer mens in 'n regop posisie nebuliseer.
- Wissel af met asemhaling in deur die mond, en dan weer in deur die neus.

**Kinders 6-12 jaar oud:**

Dag 1 en 2: Nebuliseer met 2,5 ml elke uur totdat die simptome wesenlik verbeter of opklaar (gewoonlik binne 2 tot 12 doserings), of soos voorgeskryf.

Vanaf Dag 3: Nebuliseer met 2,5 ml twee tot drie keer per dag totdat simptome opgeklaar het (tot 14 dae).

**Kinders 12 jaar en ouer:**

Dag 1 en 2: Nebuliseer met 5 ml elke uur totdat die simptome wesenlik verbeter of opklaar (gewoonlik binne 2 tot 12 doserings), of soos voorgeskryf.

Vanaf Dag 3: Nebuliseer met 5 ml twee tot drie keer per dag totdat simptome opgeklaar het (tot 14 dae).

**Volwassenes:**

Dag 1 en 2: Nebuliseer met 5 ml elke uur totdat die simptome wesenlik verbeter of opklaar (gewoonlik binne 2 tot 12 doserings), of soos voorgeskryf.

Vanaf Dag 3: Nebuliseer met 5 ml twee tot drie keer per dag totdat simptome opgeklaar het (tot 14 dae).

**INDIEN JY MEER SILVERLAB ioNano 46™ GEBRUIK HET AS WAT JY MOES**

Indien oordosering vermoed word, raadpleeg onmiddellik jou dokter, apteker of die **Silverlab** kliëntediens kontak nommer. Indien geneen beskikbaar is nie, kontak die naaste hospitaal of gifbeheersentrum.

**INDIEN JY VERGEET HET OM SILVERLAB ioNano 46™ TE GEBRUIK**

Moenie 'n dubbele dosis gebruik om te vergoed vir die dosis wat oorgeslaan is nie.

**MOONTLIKE NEWE-EFFEKTE**

**Silverlab ioNano 46™** kan newe-effekte veroorsaak. Let daarop dat die gebruik van kolloïdale silwer (veral as dit mondelings ingeneem of genebuliseer word) 'n Herxheimer-reaksie tot gevolg kan hê. Dit is wanneer simptome tydelik vererger en hoofpyn, uitslag en selfs koors kan insluit. Namate die patogeen afsterf, kom hierdie simptome voor en kan dit van 'n paar uur tot

tien dae duur. Alhoewel hierdie tydperk ongemaklik kan wees, is dit 'n aanduiding dat die kolloïdale silwer werk. As dit verdraagsaam is en u gesondheidswerker instem, moet u voortgaan met die behandeling - anders kan u die dosis tydelik vir 'n dag of twee verminder en dan die dosis geleidelik verhoog tot die aanbevole hoeveelheid. Dit is ook voordelig om baie water te drink om die gifstowwe uit die liggaam te verwyder.

Nie alle nuwe-effekte wat vir **Silverlab ioNano 46™** gerapporteer is word in hierdie pamflet ingesluit nie. Raadpleeg u dokter, apteker of ander gesondheidswerker vir advies indien u algemene gesondheid versleg of as u enige ongewenste effekte ervaar. As u enige nuwe-effekte opmerk wat nie in hierdie pamflet genoem word nie, moet jy jou dokter, apteker of gesondheidswerker daarvan in kennis stel.

#### **BERGING EN WEGDOEN VAN SILVERLAB ioNano 46™**

Bewaar alle medikasie buite bereik en sig van kinders.

Stoor in 'n koel, donker plek, onder 25 °C.

Beskerm die produk teen sonlig en direkte hitte.

Moenie vries nie.

Bewaar in die oorspronklike houër.

Hou die houër dig toe.

Plaas die beskermings doppe terug na elke gebruik.

Moenie na die vervaldatum wat op die houër aangedui is gebruik nie.

Moenie **Silverlab ioNano 46™** gebruik indien jy enige sigbare tekens van produk verandering opmerk nie.

Moenie van ongebruikte medisyne ontslae raak in dreine of rioolstelsels nie (bv. toilette).

#### **AANBIEDING VAN SILVERLAB ioNano 46™**

100 ml en 200 ml ronde, semi-deursigtige HDPE-plastiek bottels met blou tuit deksel.

#### **IDENTIFIKASIE VAN SILVERLAB ioNano 46™**

Helder kleurlose vloeistof.

#### **REGISTRASIENOMMER**

Om aangekondig te word.

#### **NAAM EN BESIGHEIDSADRES VAN DIE REGISTRASIESERTIFIKAATHOUER**

Vervaardig deur:

**Silverlab Healthcare**

27 Malta Straat

Cosmo Business (Besigheid) Park

Roodepoort

2188



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**TOEGANG TOT OOREENSTEMMENDE PROFESSIONELE INLIGTING**

Sien inligting op bogenoemde webwerf.

**HIERDIE VOUBIJLET WAS LAAS HERSIEN OP**

10 Maart 2021.