



PATIENT INFORMATION LEAFLET

SCHEDULING STATUS: Unscheduled.

Category D: Complementary medicine.

Discipline: 34.7 Minerals.

PROPRIETARY NAME, STRENGTH, AND PHARMACEUTICAL FORM

Silverlab Colloidal Silver Nasal Spray™, 18 ppm, Liquid

READ ALL OF THIS LEAFLET CAREFULLY BECAUSE IT CONTAINS IMPORTANT INFORMATION FOR YOU

- **Silverlab Colloidal Silver Nasal Spray™** is available without a doctor's prescription, for you to treat a mild illness. Nevertheless, you still need to use **Silverlab Colloidal Silver Nasal Spray™** carefully to get the best results from it.
- Keep this leaflet. You may need to read it again.
- Do not share **Silverlab Colloidal Silver Nasal Spray™** with any other person.
- Ask your pharmacist or healthcare practitioner if you need more information or advice.

WHAT SILVERLAB COLLOIDAL SILVER NASAL SPRAY™ CONTAINS

Each 4 sprays (0,4 ml) of Silverlab Colloidal Silver Nasal Spray™ contains:

ionic⁺ Colloidal Silver (18 ppm) 7 mcg.

Each spray (0,1 ml) of Silverlab Colloidal Silver Nasal Spray™ contains:

ionic⁺ Colloidal Silver (18 ppm) 1,8 mcg.

Each drop (0,05 ml) of Silverlab Colloidal Silver Nasal Spray™ contains:

ionic⁺ Colloidal Silver (18 ppm) 0,9 mcg

The other ingredients are:

Deionised purified water

Buffer.

Sugar-free.

WHAT SILVERLAB COLLOIDAL SILVER NASAL SPRAY™ IS USED FOR

Silverlab Colloidal Silver Nasal Spray™ may be used as an antimicrobial (anti-viral, anti-bacterial and anti-fungal) agent to assist with various nasal ailments. It also exhibits anti-inflammatory properties.

Silverlab Colloidal Silver Nasal Spray™ may be used to relieve nasal inflammation and congestion due to conditions such as sinusitis. This product may also assist in relieving post-nasal drip, allergies, hay fever and snoring caused by nasal congestion. Refer to the **Bodymap™** on the **Silverlab** website, www.silverlab.co.za, for further information.

BEFORE YOU USE SILVERLAB COLLOIDAL SILVER NASAL™ SPRAY

Do not use **Silverlab Colloidal Silver Nasal Spray™** if you are hypersensitive (allergic) to any of the ingredients.

Adults should not ingest and/or inhale more than 550 litres of 18 ppm ionic⁺ Colloidal Silver in their lifetime, an average of 8 litres per year, to prevent the possibility of Argyria developing. Although this is rare and appears to be purely cosmetic, excessive use may result in the body being unable to efficiently excrete the silver, resulting in deposits in the skin, internal organs and tissues. This may result in the skin becoming permanently discoloured a gray or blue-gray colour. There is no known effective treatment for it. Early signs of Argyria include discolouration of the conjunctival membranes, gums and on the nail beds, just above the moon of the nail. Should this occur, please discontinue use and contact the **Silverlab** customer care number below.

Please consult your doctor prior to use in the case of impaired liver and/or kidney function.

This medicine has not been evaluated by SAHPRA for quality, safety or intended use. This medicine is not intended to diagnose, treat, cure or prevent any disease.

PREGNANCY AND BREASTFEEDING

Safety during pregnancy and breastfeeding has not been established. If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, please consult your doctor, pharmacist or other healthcare practitioner for advice before using this medicine.

USING OTHER MEDICINES WITH SILVERLAB COLLOIDAL SILVER NASAL SPRAY™

Use with caution in individuals taking blood thinning medication (e.g., warfarin). Always tell your healthcare provider if you are using any other medicine.

HOW TO USE SILVERLAB COLLOIDAL SILVER NASAL SPRAY™

Do not share medicines prescribed for you with any other person. Always use **Silverlab Colloidal Silver Nasal Spray™** exactly as described in this leaflet, or as your doctor, pharmacist or healthcare practitioner has instructed you. You should check with your doctor, pharmacist or healthcare practitioner if you are unsure.

- Please note that only short-term use is recommended in the case of infants, toddlers and children and should not exceed 14 days, unless otherwise prescribed by a doctor.
- Use undiluted.

To use: Remove blue safety cap to use. The atomizer spray nozzle needs to be pumped several times so as to charge the unit. Remove the atomizer spray nozzle and replace with the medicine dropper if used on babies and toddlers.

The usual dosage is:

- Children 7 months – 2 years of age: Gently administer 1 drop (using the paediatric dropper) in each nostril two to four times a day, or as directed by your doctor.
 - Children 3 – 5 years of age: Gently administer 2 drops (using the paediatric dropper) in each nostril two to four times a day, or as directed by your doctor.
 - Children 6 – 12 years of age: While blocking off one nostril, administer 1 spray into the other nostril while inhaling through the nose. Repeat for the other nostril. Wait for 5 minutes and then blow the nose into a clean tissue to clear the nasal passages. Immediately repeat the dose of 1 spray into each nostril. Use two to four times a day, or as directed by your doctor.
 - Adults: While blocking off one nostril, administer 2 sprays into the other nostril while inhaling through your nose. Repeat for the other nostril. Wait for 5 minutes and then blow your nose into a clean tissue to clear the nasal passages. Immediately repeat the dose of 2 sprays into each nostril. Use two to four times a day, or as directed by your doctor.
- If the inflammation or congestion (including that associated with sinusitis) does not clear up within 3 days, or if the hay fever does not improve or deteriorates within 6 weeks, please consult your doctor or healthcare practitioner.

IF YOU USE MORE SILVERLAB COLLOIDAL SILVER NASAL SPRAY™ THAN YOU SHOULD

In the event of overdose, consult your doctor, pharmacist or the **Silverlab** customer care telephone number. Should none of these be available, contact the nearest hospital or poison control centre.

IF YOU FORGET TO USE SILVERLAB COLLOIDAL SILVER NASAL SPRAY™

Do not use a double dose to make up for a missed dose.

POSSIBLE SIDE-EFFECTS

Silverlab Colloidal Silver Nasal Spray™ may have side-effects. Please note that colloidal silver use (especially when taken orally or nebulised) may result in a Herxheimer reaction. This is

when symptoms seem to temporarily worsen and can include headache, rash and even fever. As the pathogen dies off, these symptoms present and may last from a few hours up to 10 days. While this period may be uncomfortable, it is indicative that the colloidal silver is working. If it is tolerable and your healthcare practitioner agrees, please continue with the treatment. Alternatively, you can temporarily reduce the dose for a day or two and then gradually increase the dose to the recommended amount. It is also beneficial to drink plenty of water to help eliminate the toxins from the body.

Not all side-effects reported for **Silverlab Colloidal Silver Nasal Spray™** are included in this leaflet. Should your general health worsen or if you experience any untoward effects while using this medicine, please consult your doctor, pharmacist or other healthcare practitioner for advice. If you notice any side effects not mentioned in this leaflet, please inform your doctor, pharmacist or healthcare practitioner.

STORAGE AND DISPOSING OF SILVERLAB COLLOIDAL SILVER NASAL SPRAY™

Store all medicines out of the reach of children.

Store in a cool, dark place, below 25 °C.

Protect from direct sunlight and heat.

Do not freeze.

Store in the original bottle.

Keep the bottle tightly closed.

Replace the protective cap after each use.

Do not use after the expiry date stated on the bottle.

Do not use **Silverlab Colloidal Silver Nasal Spray™** if you notice visible signs of deterioration.

Do not dispose of unused medicine in drains or sewerage systems (e.g., toilets).

PRESENTATION OF SILVERLAB COLLOIDAL SILVER NASAL SPRAY™

30 ml amber, round glass bottle with a fine mist nasal spray pump and a separate medicine dropper, packed together in a cardboard box.

IDENTIFICATION OF SILVERLAB COLLOIDAL SILVER NASAL SPRAY™

Clear colourless liquid.

REGISTRATION NUMBER/ REFERENCE NUMBER

TBA.

NAME AND ADDRESS OF REGISTRATION HOLDER

Manufactured by:

Silverlab Healthcare

27 Malta Road

Cosmo Business Park

Roodepoort
2188
Product of South Africa
Customer care +27 83 450 2112
Email: info@silverlab.co.za
www.silverlab.co.za

ACCESS TO THE CORRESPONDING PROFESSIONAL INFORMATION

See information on the website above.

THIS LEAFLET WAS LAST REVISED ON

10 March 2021.

PASIËNTINLIGTINGSBLAADJIE

SKEDULERINGSSTATUS: Ongeskeduleer.
Kategorie D: Komplementêre Medisyne.
Dissipline: 34.7 Minerale.

HANDELSNAAM, STERKTE, EN FARMASEUTIESE FORMAAT

Silverlab Colloidal Silver Nasal Spray™ (Silverlab Kolloïdale Silwer Neussproei), 18 dpm, Vloeistof

LEES DIE HELE INLIGTINGSBLAADJIE NOUKEURIG DEUR, DIT BEVAT BELANGRIKE INLIGTING VIR JOU

- **Silverlab Colloidal Silver Nasal Spray™** is sonder 'n doktersvoorskrif beskikbaar en is 'n aanvullende (komplementêre) medisyne. Jy moet **Silverlab Colloidal Silver Nasal Spray™** egter nog steeds versigtig gebruik om die beste resultate te verkry.
- Hou hierdie voubiljet, dit mag dalk nodig wees dat jy dit weer lees.
- Moenie **Silverlab Colloidal Silver Nasal Spray™** met enige ander persoon deel nie.
- Raadpleeg jou apteker of gesondheidswerker indien jy meer inligting of advies benodig.

WAT SILVERLAB COLLOIDAL SILVER NASAL SPRAY™ BEVAT

Elke 4 spuit (0,4 ml) Silverlab Colloidal Silver Nasal Spray™ bevat:

ioniese⁺ Kolloïdale Silwer (18 dpm) 7 mkg.

Elke spuit (0,1 ml) Silverlab Colloidal Silver Nasal Spray™ bevat:

ioniese⁺ Kolloïdale Silwer (18 dpm) 0,18 mkg.

Elke druppel (0,05 ml) Silverlab Colloidal Silver Nasal Spray™ bevat:

ioniese⁺ Kolloïdale Silwer (18 dpm) 0,9 mkg.

Die ander bestanddele is:

Gedeïoniseerde gesuiwerde water
Buffer.

Suikervry.

WAARVOOR SILVERLAB COLLOIDAL SILVER NASAL SPRAY™ GEBRUIK WORD

Silverlab Colloidal Silver Nasal Spray™ kan gebruik word as 'n antimikrobiëse (anti-virale, anti-bakteriese en swamwerende) middel om met verskeie neus kwale te help. Dit vertoon ook anti-inflammatoriese eienskappe.

Silverlab Colloidal Silver Nasal Spray™ kan gebruik word om nasale ontsteking en kongestie te verlig wat as gevolg van toestande soos sinusitis voorkom. Hierdie produk mag help om post-nasale drup, allergieë, hooikoors asook snork te verlig. Verwys na die **Bodymap™** op die **Silverlab** webwerf www.silverlab.co.za, vir meer inligting.

VOORDAT SILVERLAB COLLOIDAL SILVER NASAL SPRAY™ GEBRUIK WORD

Moenie **Silverlab Colloidal Silver Nasal Spray™** gebruik indien jy hipersensitief (allergies) is vir enige van die bestanddele nie.

Volwassenes mag gedurende hul leeftyd nie meer as 550 liter 18 dpm ioniese⁺ kolloïdale silwer inneem en/of inasem nie, of 'n gemiddeld van 8 liter per jaar, om die moontlikheid van die ontwikkeling van Argirië te voorkom. Alhoewel dit baie skaars en slegs kosmeties is, kan oormatige gebruik daartoe lei dat die liggaam die silwer nie effektief kan uitskei nie, wat mag lei tot afsettings in die vel, inwendige organe en weefsels. Dit mag die vel permanent verkleur tot 'n grys of blou-grys verkleuring. Daar is geen effektiewe behandeling daarvoor bekend nie. Vroeë tekens van Argirië sluit in verkleuring van die konjunktiva, tandvleis en naelbed, net bokant die maan van die nael. As dit sou gebeur, moet u asseblief dadelik ophou om ioniese⁺ kolloïdale silwer te gebruik, en die **Silverlab** kliëntediens nommer kontak.

Raadpleeg u dokter voor gebruik in die geval van verswakte lewer- en/of nierfunksie.

Hierdie medisyne is nie deur SAHPRA geëvalueer vir kwaliteit, veiligheid of beoogde gebruik nie. Hierdie medisyne is nie bedoel om enige siekte te diagnoseer, te behandel, te genees of te voorkom nie.

SWANGERSKAP EN BORSVOEDING

Veiligheid van **Silverlab Colloidal Silver Nasal Spray™** tydens swangerskap en borsvoeding is nie vasgestel nie. Indien jy swanger is of borsvoed, of vermoed dat jy dalk swanger mag wees of

beplan om swanger te raak, raadpleeg jou dokter, apteker of ander gesondheidswerker vir advies voor gebruik van die middel.

AS JY ANDER MEDISYNE SAAM MET SILVERLAB COLLOIDAL SILVER NASAL SPRAY™ GEBRUIK

Gebruik asseblief versigtig saam met bloed verdunners (soos warfarin).

Stel altyd jou gesondheidsorgpraktisyn in kennis indien jy enige ander medisyne gebruik.

HOE OM SILVERLAB COLLOIDAL SILVER NASAL SPRAY™ TE GEBRUIK

Moenie jou medisyne met enige iemand anders deel nie. Gebruik **Silverlab Colloidal Silver Nasal Spray™** altyd presies soos aanbeveel in die voubiljet, of soos voorgeskryf deur jou dokter, apteker of gesondheidswerker.

Bevestig met jou dokter, apteker of gesondheidswerker indien jy onseker is.

- In die geval van kinders word slegs kort termyn gebruik aanbeveel en behoort nie 14 dae te oorskry nie, tensy anders voorgeskryf deur 'n dokter.
- Gebruik onverdun.

Om te gebruik: Verwyder die blou veiligheids doppie voor gebruik. Die spuitkop van die verstuiver moet 'n paar keer gepomp word om die eenheid te aktiveer. Verwyder die verstuiver spuitkop en vervang dit met die medisynedrupper in die geval van babas en kleuters.

Die algemene dosis is:

- Kinders 7 maande-2 jaar oud: Dien sagkens 1 druppel (met behulp van die medisyne-drupper) toe in elke neusgat twee tot vier keer per dag, of volgens die voorskrif van u dokter.
- Kinders 3-5 jaar oud: Dien sagkens 2 druppels (met behulp van die medisyne-drupper) toe twee tot vier keer per dag in elke neusgat, of volgens die voorskrif van u dokter.
- Kinders 6-12 jaar oud: Dien 1 spuit toe in die neusgat terwyl deur die neus ingeasem word en die ander neusgat toegedruk word. Herhaal vir die ander neusgat. Wag vir 5 minute en blaas die neus in 'n skoon sneespapier om die neusholtes skoon te maak. Herhaal dadelik die dosis van 1 spuit in elke neusgat. Gebruik dit twee tot vier keer per dag, of volgens u dokter se voorskrif.
- Volwassenes: Dien twee spuite toe in die neusgat terwyl u deur u neus inasem en die een neusgat toe druk. Herhaal vir die ander neusgat. Wag vir 5 minute en blaas dan u neus in 'n skoon sneespapier om die neusholtes skoon te maak. Herhaal dadelik die dosis van 2 spuite in elke neusgat. Gebruik dit twee tot vier keer per dag, of volgens u dokter se voorskrif.

- As die ontsteking of neusverstopping (wat ook geassosieer word met sinusitis) nie binne 3 dae opklaar nie, of as die hooikoors nie binne 6 weke verbeter nie of verswak, raadpleeg u dokter of mediese praktisyn.

INDIEN JY MEER SILVERLAB COLLOIDAL SILVER NASAL SPRAY™ GEBRUIK HET AS WAT JY MOES

Indien oordosering vermoed word, raadpleeg onmiddellik jou dokter, apteker of die **Silverlab** kliëntediens kontak nommer. Indien geeneen beskikbaar is nie, kontak die naaste hospitaal of gifbeheersentrum.

INDIEN JY VERGEET OM SILVERLAB COLLOIDAL SILVER NASAL SPRAY™ TE GEBRUIK

Moenie 'n dubbele dosis gebruik om te vergoed vir die dosis wat oorgeslaan is nie.

MOONTLIKE NEWE-EFFEKTE

Silverlab Colloidal Silver Nasal Spray™ kan newe-effekte veroorsaak. Let daarop dat die gebruik van kolloïdale silwer (veral as dit mondelings ingeneem of genebuliseer word) 'n Herxheimer-reaksie tot gevolg kan hê. Dit is wanneer simptome tydelik vererger en hoofpyn, uitslag en selfs koors kan insluit. Namate die patogeen afsterf, kom hierdie simptome voor en kan dit van 'n paar uur tot tien dae duur. Alhoewel hierdie tydperk ongemaklik kan wees, is dit 'n aanduiding dat die kolloïdale silwer werk. As dit verdraagsaam is en u gesondheidswerker instem, moet u voortgaan met die behandeling - anders kan u die dosis tydelik vir 'n dag of twee verminder en dan die dosis geleidelik verhoog tot die aanbevole hoeveelheid. Dit is ook voordelig om baie water te drink om die gifstowwe uit die liggaam te verwyder.

Nie alle newe-effekte wat vir **Silverlab Colloidal Silver Nasal Spray™** gerapporteer is word in hierdie pamflet ingesluit nie. Raadpleeg u dokter, apteker of ander gesondheidswerker vir advies indien u algemene gesondheid versleg of as u enige ongewenste effekte ervaar. As u enige newe-effekte opmerk wat nie in hierdie pamflet genoem word nie, moet jy jou dokter, apteker of gesondheidswerker daarvan in kennis stel.

BERGING EN WEGDOEN VAN SILVERLAB COLLOIDAL SILVER NASAL SPRAY™

Bewaar alle medikasie buite bereik en sig van kinders.

Stoor in 'n koel, donker plek, onder 25 °C.

Beskerm die produk teen sonlig en direkte hitte.

Moenie vries nie.

Bewaar in die oorspronklike houer.

Hou die houer dig toe.

Plaas die beskermings doppie terug na elke gebruik.

Moenie na die vervaldatum wat op die houer aangedui is gebruik nie.

Moenie **Silverlab Colloidal Silver Nasal Spray™** gebruik indien jy enige sigbare tekens van produk verandering opmerk nie.

Moenie van ongebruikte medisyne ontslae raak in dreine of rioolstelsels nie (bv. toilette).

AANBIEDING VAN SILVERLAB COLLOIDAL SILVER NASAL SPRAY™

30 ml bruin, ronde glasbottel met 'n fyn mis neus spuitpomp en 'n aparte medisynedrupper, verpak in 'n kartonboks.

IDENTIFIKASIE VAN SILVERLAB COLLOIDAL SILVER NASAL SPRAY™

Helder deursigtige vloeistof.

REGISTRASIE NOMMER

Om aangekondig te word.

NAAM EN BESIGHEIDSADRES VAN DIE REGISTRASIESERTIFIKAATHOUER

Vervaardig deur:

Silverlab Healthcare

27 Malta Straat

Cosmo Business (Besigheid) Park

Roodepoort

2188

Suid Afrikaanse produk

Kliëntediens +27 83 450 2112

E-pos: info@silverlab.co.za

www.silverlab.co.za

TOEGANG TOT OOREENSTEMMENDE PROFESSIONELE INLIGTING

Sien inligting op bogenoemde webwerf.

HIERDIE VOUBILJET WAS LAAS HERSIEN OP

10 Maart 2021.