



PATIENT INFORMATION LEAFLET

SCHEDULING STATUS: Unscheduled.
Category D: Complementary medicine.
Discipline: 34.7 Minerals.

PROPRIETARY NAME, STRENGTH, AND PHARMACEUTICAL FORM

Silverlab Colloidal Silver Daily Immune Booster & Anti-Microbial™, 18 ppm, Liquid

READ ALL OF THIS LEAFLET CAREFULLY BECAUSE IT CONTAINS IMPORTANT INFORMATION FOR YOU

- **Silverlab Colloidal Silver Daily Immune Booster & Anti-Microbial™** is available without a doctor's prescription, for you to treat a mild illness. Nevertheless, you still need to use **Silverlab Colloidal Silver Daily Immune Booster & Anti-Microbial™** carefully to get the best results from it.
- Keep this leaflet. You may need to read it again.
- Do not share **Silverlab Colloidal Silver Daily Immune Booster & Anti-Microbial™** with any other person.
- Ask your pharmacist or healthcare practitioner if you need more information or advice.

WHAT SILVERLAB COLLOIDAL SILVER DAILY IMMUNE BOOSTER & ANTI-MICROBIAL™ CONTAINS

Each 1 ml of Silverlab Colloidal Silver Daily Immune Booster & Anti-Microbial™ contains:
ionic⁺ Colloidal Silver (18 ppm) 18 mcg.

The other ingredients are:

Deionised purified water.

Sugar-free.

WHAT SILVERLAB COLLOIDAL SILVER DAILY IMMUNE BOOSTER & ANTI-MICROBIAL™ IS USED FOR

Silverlab Colloidal Silver Daily Immune Booster & Anti-Microbial™ may be used as an antimicrobial (anti-viral, anti-bacterial and anti-fungal) agent to assist with various conditions. It also exhibits anti-inflammatory properties.

It may assist in soothing a sore throat as well as various other conditions of the mouth, including oral thrush, ulcers, aphthous ulcers, lesions as well as painful gums and dentition, and may be used as a first line of defence against colds and flu.

It may also assist in the management of gastric ailments including diarrhoea, vomiting, gastritis, and mild food poisoning, as well as various urinary tract ailments.

It may alleviate various inflammatory conditions and it may support the immune system.

It serves as a nebulising liquid and may alleviate respiratory symptoms such as a cough, shortness of breath or tight chest. Refer to the **Bodymap™** on the **Silverlab** website, www.silverlab.co.za, for further information.

BEFORE YOU TAKE SILVERLAB COLLOIDAL SILVER DAILY IMMUNE BOOSTER & ANTI-MICROBIAL™

Do not take **Silverlab Colloidal Silver Daily Immune Booster & Anti-Microbial™** if you are hypersensitive (allergic) to any of the ingredients.

Adults should not ingest and/or inhale more than 550 litres of 18 ppm ionic⁺ colloidal silver in their lifetime, an average of 8 litres per year, to prevent the possibility of Argyria developing. Although this is rare and appears to be purely cosmetic, excessive use may result in the body being unable to efficiently excrete the silver, resulting in deposits in the skin, internal organs and tissues. This may result in the skin becoming permanently discoloured a gray or blue-gray colour. There is no known effective treatment for it. Early signs of Argyria include discolouration of the conjunctival membranes, gums and on the nail beds, just above the moon of the nail. Should this occur, please discontinue use and contact the **Silverlab** customer care number below.

Please consult your doctor prior to use in the case of impaired liver and/or kidney function.

This medicine has not been evaluated by SAHPRA for quality, safety or intended use. This medicine is not intended to diagnose, treat, cure or prevent any disease.

PREGNANCY AND BREASTFEEDING

Safety during pregnancy and breastfeeding has not been established. If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, please consult your doctor, pharmacist or other healthcare practitioner for advice before taking this medicine.

TAKING OTHER MEDICINES WITH SILVERLAB COLLOIDAL SILVER DAILY IMMUNE BOOSTER & ANTI-MICROBIAL™

Take **Silverlab Colloidal Silver Daily Immune Booster & Anti-Microbial™** two hours before or four hours after taking quinolone antibiotics, tetracycline antibiotics, penicillamine and thyroxine, when taking it orally. Use with caution in individuals taking blood thinning medication (eg. warfarin).

Always tell your healthcare practitioner if you are taking any other medicine.

HOW TO TAKE SILVERLAB COLLOIDAL SILVER DAILY IMMUNE BOOSTER & ANTI-MICROBIAL™

Do not share medicines prescribed for you with any other person. Always take **Silverlab Colloidal Silver Daily Immune Booster & Anti-Microbial™** exactly as described in this leaflet, or as your doctor, pharmacist or healthcare practitioner has instructed you. You should check with your doctor, pharmacist or healthcare practitioner if you are unsure.

- Please note that only short-term use is recommended in the case of infants, toddlers and children and should not exceed 14 days, unless otherwise prescribed by a doctor.
- Please administer carefully to infants and small children whilst supporting them in an upright position.
- Use undiluted.
- Take on an empty stomach.
- For best results, retain in the mouth for two minutes before swallowing.

Colds and flu:

- Please continue for 10 days after all symptoms have disappeared.

Children 7 months-2 years of age: Administer 1 ml (using a paediatric medicator) once a day.

Children 3-5 years of age: Take 2,5 ml two to three times a day.

Children 6-12 years of age: Take 5 ml two to three times a day.

Adults: Take 10 ml-20 ml two to three times a day.

Sore throat, oral thrush, oral ulcers, aphthous ulcers, lesions, painful gums and dentition:

Children 7 months-5 years of age: Please use the **Silverlab Healing Spray™** or **Silverlab Healing Gel™** for the young ones.

Children 6-12 years of age: Gargle and swish 5 ml between the teeth for two minutes, three to four times a day. Spit out into a basin.

Adults: Gargle and swish 10 ml between the teeth for two minutes, four to eight times a day. Spit out into a basin.

Inflammation and immune support:

- Please administer carefully to infants and small children whilst supporting them in an upright position.

Children 7 months-2 years of age: Administer 1 ml (using a paediatric medicator) once a day.

Children 3-5 years of age: Swish 2,5 ml in the mouth and then swallow once a day.

Children 6-12 years of age: Swish 5 ml in the mouth and then swallow once a day.

Adults: Swish 10 ml in the mouth and then swallow once a day.

Gastric ailments and urinary tract ailments:

- Please note that gastric upsets, vomiting and diarrhoea can be dangerous, especially in infants and young children. Consult your doctor if there is no improvement within 24 hours.
- Drink adequate amounts of water with electrolytes between doses to help flush out toxins and rehydrate.
- Supplement with a suitable probiotic.

Children 7 months-2 years of age: Administer 5 ml (using a paediatric medicator) two to three times a day until condition clears.

Children 3-5 years of age: Take 10 ml-15 ml initially. Do not eat or drink for 20 minutes. Then take 5 ml-7,5 ml two to three times a day until condition clears.

Children 6-12 years of age: Take 30 ml-50 ml initially. Do not eat or drink for 20 minutes. Then take 15 ml-25 ml three times a day until condition clears.

Adults: Take 100 ml initially. Do not eat or drink for 20 minutes. Then swallow 50 ml–100 ml three times a day until condition clears.

- If gastritis or urinary tract symptoms do not improve within 3 days or if they deteriorate, please consult your doctor.

Respiratory Ailments:

- Nebulising of children must be done under the prescription or supervision of a doctor.
- If symptoms do not improve or if they deteriorate, please consult your doctor. Improvement should be noticed within 1-6 doses.
- Symptoms may include cough, shortness of breath or tight chest, which may be accompanied with a headache or generalised weakness.
- Please breathe normally, taking slow deep breaths, whilst nebulising to avoid possible dizziness or light-headedness due to hyperventilation.
- Best results are obtained whilst nebulising in an upright position.
- Alternate between inhaling through the nose and then through the mouth, if possible.
- Use undiluted.

Children 6-12 years of age:

Days 1 and 2: Nebulise with 2,5 ml every hour until symptoms subside significantly or resolve (generally within 2 to 12 doses), or as prescribed.

Day 3 onwards: Nebulise with 2,5 ml two to three times a day until there is a complete resolution of symptoms (up to 14 days), or as prescribed.

Children 12 years of age and older:

Days 1 and 2: Nebulise with 5 ml every hour until symptoms subside significantly or resolve (generally within 2 to 12 doses), or as prescribed.

Day 3 onwards: Nebulise with 5 ml two to three times a day until there is a complete resolution of symptoms (up to 14 days), or as prescribed.

Adults:

Days 1 and 2: Nebulise with 5 ml every hour until symptoms subside significantly or resolve (generally within 2 to 12 doses), or as prescribed.

Day 3 onwards: Nebulise with 5 ml two to three times a day until there is a complete resolution of symptoms (up to 14 days), or as prescribed.

IF YOU TAKE MORE SILVERLAB COLLOIDAL SILVER DAILY IMMUNE BOOSTER & ANTI-MICROBIAL™ THAN YOU SHOULD

In the event of overdosage, consult your doctor, pharmacist or the **Silverlab** customer care telephone number. Should none of these be available, contact the nearest hospital or poison control centre.

IF YOU FORGET TO TAKE SILVERLAB COLLOIDAL SILVER DAILY IMMUNE BOOSTER & ANTI-MICROBIAL™

Do not take a double dose to make up for a missed dose.

POSSIBLE SIDE EFFECTS

Silverlab Colloidal Silver Daily Immune Booster & Anti-Microbial™ may have side effects. Please note that colloidal silver use (especially when taken orally or nebulised) may result in a Herxheimer reaction. This is when symptoms seem to temporarily worsen and can include headache, rash and even fever. As the pathogen dies off, these symptoms present and may last from a few hours up to 10 days. While this period may be uncomfortable, it is indicative that the colloidal silver is working. If it is tolerable and your healthcare practitioner agrees, please continue with the treatment. Alternatively you can temporarily reduce the dose for a day or two and then gradually increase the dose to the recommended amount. It is also beneficial to drink plenty of water to help eliminate the toxins from the body.

Not all side effects reported for **Silverlab Colloidal Silver Daily Immune Booster & Anti-Microbial™** are included in this leaflet. Should your general health worsen or if you experience

any untoward effects while taking this medicine, please consult your doctor, pharmacist or other healthcare practitioner for advice. If you notice any side effects not mentioned in this leaflet, please inform your doctor, pharmacist or healthcare practitioner.

STORAGE AND DISPOSING OF SILVERLAB COLLOIDAL SILVER DAILY IMMUNE BOOSTER & ANTI-MICROBIAL™

Store all medicines out of the reach of children.

Store in a cool, dark place, below 25 °C.

Protect from direct sunlight and heat.

Do not freeze.

Store in the original bottle.

Keep the bottle tightly closed.

Replace the protective cap after each use.

Do not use after the expiry date stated on the bottle.

Do not use **Silverlab Colloidal Silver Daily Immune Booster & Anti-Microbial™** if you notice visible signs of deterioration.

Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

PRESENTATION OF SILVERLAB COLLOIDAL SILVER DAILY IMMUNE BOOSTER & ANTI-MICROBIAL™

- 200 ml, 500 ml and 1 L amber, round PET bottle with a polypropylene cap and a polyethylene liner.
- 2,5 L semi-transparent, matt square high density polyethylene plastic bottle with a polypropylene cap and a polyethylene liner.

IDENTIFICATION OF SILVERLAB COLLOIDAL SILVER DAILY IMMUNE BOOSTER & ANTI-MICROBIAL™

Clear colourless liquid.

REGISTRATION NUMBER

TBA.

NAME AND ADDRESS OF REGISTRATION HOLDER

Manufactured by:

Silverlab Healthcare

27 Malta Road

Cosmo Business Park

Roodepoort

2188

Product of South Africa

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