



PATIENT INFORMATION LEAFLET

SCHEDULING STATUS: Unscheduled.
Category D: Complementary medicine.
Discipline: 34.7 Minerals.

PROPRIETARY NAME, STRENGTH, AND PHARMACEUTICAL FORM

SILVERLAB NEBULISING LIQUID, 25 ppm (SilverNeb Liquid™)

READ ALL OF THIS LEAFLET CAREFULLY BECAUSE IT CONTAINS IMPORTANT INFORMATION FOR YOU

- **Silverlab Nebulising Liquid** is available without a doctor's prescription, for you to treat a mild illness. Nevertheless, you still need to use **Silverlab Nebulising Liquid** carefully to get the best results from it.
- Keep this leaflet. You may need to read it again.
- Do not share **Silverlab Nebulising Liquid** with any other person.
- Ask your pharmacist or healthcare practitioner if you need more information or advice.

WHAT SILVERLAB NEBULISING LIQUID CONTAINS

Each 5 ml of Nebulising Liquid contains 125 mcg of electrically isolated silver ions⁺.

The other ingredients are:

Deionised purified water.

Sugar-free.

WHAT SILVERLAB NEBULISING LIQUID IS USED FOR

Silverlab Nebulising Liquid may be used as an antimicrobial (anti-viral, anti-bacterial and anti-fungal) agent to assist with various conditions. It also exhibits anti-inflammatory properties.

Silverlab Nebulising Liquid serves as a nebulising liquid and may alleviate respiratory symptoms such as a cough, shortness of breath or tight chest. It may also assist by supporting the immune system, and may therefore provide a first-line of defence against infections. Refer to the **Bodymap™** on the **Silverlab** website, www.silverlab.co.za, for further information.

BEFORE YOU USE SILVERLAB NEBULISING LIQUID

Do not use **Silverlab Nebulising Liquid** if you are hypersensitive (allergic) to any of the ingredients.

Adults should not ingest and/or inhale more than 396 litres of 25 ppm ionic⁺ colloidal silver in their lifetime, an average of 5,6 litres per year, to prevent the possibility of Argyria developing. Although this is rare and appears to be purely cosmetic, excessive use may result in the body being unable to efficiently excrete the silver, resulting in deposits in the skin, internal organs, and tissues. This may result in the skin becoming permanently discoloured a gray or blue-gray colour. There is no known effective treatment for it. Early signs of Argyria include discolouration of the conjunctival membranes, gums and on the nail beds, just above the moon of the nail. Should this occur, please discontinue use and contact the **Silverlab** customer care number below.

Please consult your doctor prior to use in the case of impaired liver and/or kidney function.

This medicine has not been evaluated by SAHPRA for quality, safety or intended use. This medicine is not intended to diagnose, treat, cure or prevent any disease.

PREGNANCY AND BREASTFEEDING

Safety during pregnancy and breastfeeding has not been established. If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, please consult your doctor, pharmacist or other healthcare practitioner for advice before taking this medicine.

USING OTHER MEDICINES WITH SILVERLAB NEBULISING LIQUID

Use with caution in individuals taking blood thinning medication (e.g., warfarin). Always tell your healthcare provider if you are using any other medicine.

HOW TO USE SILVERLAB NEBULISING LIQUID

Do not share medicines prescribed for you with any other person. Always use **Silverlab Nebulising Liquid** exactly as described in this leaflet, or as your doctor or healthcare practitioner has instructed you. You should check with your doctor, pharmacist or healthcare practitioner if you are unsure.

- Use undiluted.

Respiratory Ailments:

- Nebulising of children must be done under the prescription or supervision of a doctor.
- If symptoms do not improve or if they deteriorate, please consult your doctor. Improvement should be noticed within 1-6 doses.
- Symptoms may include cough, shortness of breath or tight chest, which may be accompanied by a headache or generalised weakness.

- Please breathe normally, taking slow deep breaths, whilst nebulising to avoid possible dizziness or light-headedness due to hyperventilation.
- Best results are obtained whilst nebulising in an upright position.
- Alternate between inhaling through the nose and then through the mouth, if possible.

Children 6-12 years of age:

Days 1 and 2: Nebulise with 2,5 ml every one to two hours until symptoms subside significantly or resolve (generally within 2 to 12 doses), or as prescribed.

Day 3 onwards: Nebulise with 2,5 ml two to three times a day until there is a complete resolution of symptoms (up to 12 days), or as prescribed.

Children 12 years of age and older:

Days 1 and 2: Nebulise with 5 ml every one to two hours until symptoms subside significantly or resolve (generally within 2 to 12 doses), or as prescribed.

Day 3 onwards: Nebulise with 5 ml two to three times a day until there is a complete resolution of symptoms (up to 12 days), or as prescribed.

Adults:

Days 1 and 2: Nebulise with 5 ml every one to two hours until symptoms subside significantly or resolve (generally within 2 to 12 doses), or as prescribed.

Day 3 onwards: Nebulise with 5 ml two to three times a day until there is a complete resolution of symptoms (up to 12 days), or as prescribed.

IF YOU USE MORE SILVERLAB NEBULISING LIQUID THAN YOU SHOULD

In the event of overdosage, consult your doctor, pharmacist or the **Silverlab** customer care telephone number. Should none of these be available, contact the nearest hospital or poison control centre.

IF YOU FORGET TO USE SILVERLAB NEBULISING LIQUID

Do not use a double dose to make up for a missed dose.

POSSIBLE SIDE-EFFECTS

Silverlab Nebulising Liquid may have side effects. Please note that colloidal silver use (especially when taken orally or nebulised) may result in a Herxheimer reaction. This is when symptoms seem to temporarily worsen and can include headache, rash and even fever. As the pathogen dies off, these symptoms present and may last from a few hours up to 10 days. While this period may be uncomfortable, it is indicative that the colloidal silver is working. If it is tolerable and your healthcare practitioner agrees, please continue with the treatment.

Alternatively, you can temporarily reduce the dose for a day or two and then gradually increase the dose to the recommended amount. It is also beneficial to drink plenty of water to help eliminate the toxins from the body.

Not all side-effects reported for **Silverlab Nebulising Liquid** are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking this medicine, please consult your doctor, pharmacist or other healthcare practitioner for advice. If you notice any side-effects not mentioned in this leaflet, please inform your doctor, pharmacist or healthcare practitioner.

STORAGE AND DISPOSING OF SILVERLAB NEBULISING LIQUID

Store all medicines out of the reach of children.

Store in a cool, dark place, below 25 °C.

Protect from direct sunlight and heat.

Do not freeze.

Store in the original bottle.

Keep the bottle tightly closed.

Replace the protective cap after each use.

Do not use after the expiry date stated on the bottle.

Do not use **Silverlab Nebulising Liquid** if you notice visible signs of deterioration.

Do not dispose of unused medicine in drains or sewerage systems (e.g., toilets).

PRESENTATION OF SILVERLAB NEBULISING LIQUID

- 200 ml round, semi-transparent HDPE plastic bottle with blue lid
- 50 ml amber glass bottle with screw cap

IDENTIFICATION OF SILVERLAB NEBULISING LIQUID

Clear colourless liquid.

REGISTRATION NUMBER

TBA.

NAME AND ADDRESS OF REGISTRATION HOLDER

Manufactured by:

Silverlab Healthcare

27 Malta Road

Cosmo Business Park

Roodepoort

2188

Product of South Africa

Customer care +27 83 450 2112

Email: info@silverlab.co.za

www.silverlab.co.za

ACCESS TO THE CORRESPONDING PROFESSIONAL INFORMATION

See information on the website above.

THIS LEAFLET WAS LAST REVISED ON

22 February 2022.

PASIËNTINLIGTINGSBLAADJIE

SKEDULERINGSSTATUS: Ongeskeduleer.

Kategorie D: Komplementêre Medisyne.

Dissipline: 34.7 Minerale.

HANDELSNAAM, STERKTE, EN FARMASEUTIESE FORMAAT

SILVERLAB NEBULISING LIQUID (Silverlab

Nebulisering Vloeistof),

25 dpm, (SilverNeb LIQUID™)

LEES DIE HELE INLIGTINGSBLAADJIE NOUKEURIG DEUR, DIT BEVAT BELANGRIKE INLIGTING VIR JOU

- **Silverlab Nebulising Liquid** is sonder 'n doktersvoorskrif beskikbaar en is 'n aanvullende (komplementêre) medisyne. Jy moet **Silverlab Nebulising Liquid** egter nog steeds versigtig gebruik om die beste resultate te verkry.
- Hou hierdie voubiljet, dit mag dalk nodig wees dat jy dit weer lees.
- Moenie **Silverlab Nebulising Liquid** met enige ander persoon deel nie.
- Raadpleeg jou apteker of gesondheidswerker indien jy meer inligting of advies benodig.

WAT SILVERLAB NEBULISING LIQUID BEVAT

Elke 5 ml **Silverlab Nebulising Liquid** bevat 125 mkg elektries geïsoleerde silwer ione⁺.

Die ander bestanddele is:

Gedeïoniseerde gesuiwerde water.

Suikervry.

WAARVOOR SILVERLAB NEBULISING LIQUID GEBRUIK WORD

Silverlab Nebulising Liquid kan gebruik word as 'n antimikrobiëse (anti-virale, anti-bakteriese en swamwerende) middel om met verskillende toestande te help. Dit vertoon ook anti-inflammatoriese eienskappe.

Silverlab Nebulising Liquid dien as 'n vernevelende vloeistof en kan asemhaling simptome soos hoes, kortasem of stywe bors verlig. Dit kan ook behulpsaam wees met die ondersteuning van die immuunstelsel en kan dus 'n eerste verdedigingslinie bied teen infeksies. Verwys na die **Bodymap™** op die **Silverlab** webwerf, www.silverlab.co.za, vir verdere inligting.

VOORDAT SILVERLAB NEBULISING LIQUID GEBRUIK WORD

Moenie **Silverlab Nebulising Liquid** gebruik indien jy hipersensitief (allergies) is vir enige van die bestanddele nie.

Volwassenes mag gedurende hul leeftyd nie meer as 396 liter 25 dpm ioniese⁺ kolloïdale silwer inneem nie, of 'n gemiddeld 5,6 liter per jaar, om die moontlikheid van die ontwikkeling van Argirië te voorkom. Alhoewel dit skaars en slegs kosmeties is, kan oormatige gebruik daartoe lei dat die liggaam die silwer nie effektief kan uitskei nie, wat mag lei tot afsettings in die vel, inwendige organe en weefsels. Dit mag die vel permanent verkleur tot 'n gryns of blou-gryns kleur. Daar is geen effektiewe behandeling daarvoor bekend nie. Vroeë tekens van Argirië sluit in verkleuring van die konjunktiva, tandvleis en op die naelbed, net bokant die maan van die nael. As dit sou gebeur, moet u asseblief dadelik ophou om ioniese⁺ kolloïdale silwer te gebruik, en die **Silverlab** kliëntediens nommer kontak.

Raadpleeg u dokter voor gebruik in die geval van verswakte lewer- en/of nierfunksie.

Hierdie medisyne is nie deur SAHPRA geëvalueer vir kwaliteit, veiligheid of beoogde gebruik nie. Hierdie medisyne is nie bedoel om enige siekte te diagnoseer, te behandel, te genees of te voorkom nie.

SWANGERSKAP EN BORSVOEDING

Veiligheid in swangerskap en borsvoeding is nie vasgestel nie. Indien jy swanger is of borsvoed, of vermoed dat jy dalk swanger mag wees of beplan om swanger te raak, raadpleeg jou dokter, apteker of ander gesondheidswerker vir advies voor gebruik van die middel.

AS JY ANDER MEDISYNE SAAM MET SILVERLAB NEBULISING LIQUID GEBRUIK

Gebruik **Silverlab Nebulising Liquid** asseblief versigtig saam met bloed verdunners (soos warfarin).

Stel altyd jou gesondheidswerker in kennis indien jy enige ander medisyne gebruik.

HOE OM SILVERLAB NEBULISING LIQUID TE GEBRUIK

Moenie jou medisyne met enige iemand anders deel nie. Gebruik **Silverlab Nebulising Liquid** altyd presies soos aanbeveel in die voubiljet, of soos voorgeskryf deur jou dokter, apteker of gesondheidswerker. Bevestig met jou dokter, apteker of gesondheidswerker indien jy onseker is.

- Gebruik onverdun.

Asemhalingskwale:

- Nebulisering van kinders moet onder die voorskrif of toesig van 'n dokter gedoen word.
- Raadpleeg u dokter as die simptome nie verbeter nie of as daar verswakking is. 'n Verbetering behoort binne 1-6 dosisse waargeneem te word.
- Simptome mag insluit hoes, kort asem, drukking op die bors en kan ook gepaard gaan met kopseer en algemene swakheid.
- Haal stadig en normaal asem, diep in en uit, tydens nebulisasie om lighoofdigheid te voorkom.
- Beste resultate word verkry wanneer mens in 'n regop posisie nebuliseer.
- Wissel af met asemhaling in deur die mond, en dan weer in deur die neus.

Kinders 6-12 jaar oud:

Dag 1 en 2: Nebuliseer met 2,5 ml elke een tot twee ure totdat die simptome wesenlik verbeter of opklaar (gewoonlik binne 2 tot 12 doserings), of soos voorgeskryf.

Vanaf Dag 3: Nebuliseer met 2,5 ml twee tot drie keer per dag totdat simptome opgeklaar het (tot 12 dae).

Kinders 12 jaar en ouer:

Dag 1 en 2: Nebuliseer met 5 ml elke een tot twee ure totdat die simptome wesenlik verbeter of opklaar (gewoonlik binne 2 tot 12 doserings), of soos voorgeskryf.

Vanaf Dag 3: Nebuliseer met 5 ml twee tot drie keer per dag totdat simptome opgeklaar het (tot 12 dae).

Volwassenes:

Dag 1 en 2: Nebuliseer met 5 ml elke een tot 2 ure totdat die simptome wesenlik verbeter of opklaar (gewoonlik binne 2 tot 12 doserings), of soos voorgeskryf.

Vanaf Dag 3: Nebuliseer met 5 ml twee tot drie keer per dag totdat simptome opgeklaar het (tot 12 dae).

INDIEN JY MEER SILVERLAB NEBULISING LIQUID GEBRUIK HET AS WAT JY MOES

Indien oordosering vermoed word, raadpleeg onmiddellik jou dokter, apteker of die **Silverlab** kliëntediens kontak nommer. Indien geneen beskikbaar is nie, kontak die naaste hospitaal of gifbeheersentrum.

INDIEN JY VERGEET HET OM SILVERLAB NEBULISING LIQUID TE GEBRUIK

Moenie 'n dubbele dosis gebruik om te vergoed vir die dosis wat oorgeslaan is nie.

MOONTLIKE NEWE-EFFEKTE

Silverlab Nebulising Liquid kan newe-effekte veroorsaak. Let daarop dat die gebruik van kolloïdale silwer (veral as dit mondelings ingeneem of genebuliseer word) 'n Herxheimer-reaksie tot gevolg kan hê. Dit is wanneer simptome tydelik vererger en hoofpyn, uitslag en selfs koors kan insluit. Namate die patogeen afsterf, kom hierdie simptome voor en kan dit van 'n paar uur tot tien dae duur. Alhoewel hierdie tydperk ongemaklik kan wees, is dit 'n aanduiding dat die kolloïdale silwer werk. As dit verdraagsaam is en u gesondheidswerker instem, moet u voortgaan met die behandeling - anders kan u die dosis tydelik vir 'n dag of twee verminder en dan die dosis geleidelik verhoog tot die aanbevole hoeveelheid. Dit is ook voordelig om baie water te drink om die gifstowwe uit die liggaam te verwyder.

Nie alle newe-effekte wat vir **Silverlab Nebulising Liquid** gerapporteer is word in hierdie pamflet ingesluit nie. Raadpleeg u dokter, apteker of ander gesondheidswerker vir advies indien u algemene gesondheid versleg of as u enige ongewenste effekte ervaar. As u enige newe-effekte opmerk wat nie in hierdie pamflet genoem word nie, moet jy jou dokter, apteker of gesondheidswerker daarvan in kennis stel.

BERGING EN WEGDOEN VAN SILVERLAB NEBULISING LIQUID

Bewaar alle medikasie buite bereik en sig van kinders.

Stoor in 'n koel, donker plek, onder 25 °C.

Beskerm die produk teen sonlig en direkte hitte.

Moenie vries nie.

Bewaar in die oorspronklike houer.

Hou die houer dig toe.

Plaas die beskermings doppe terug na elke gebruik.

Moenie na die vervaldatum wat op die houer aangedui is gebruik nie.

Moenie **Silverlab Nebulising Liquid** gebruik indien jy enige sigbare tekens van produk verandering opmerk nie.

Moenie van ongebruikte medisyne ontslae raak in dreine of rioolstelsels nie (bv. toilette).

AANBIEDING VAN SILVERLAB NEBULISING LIQUID

- 200 ml ronde, semi-deursigtige HDPE-plastiek bottels met blou tuit deksel
- 50 ml bruin glas bottle met aanskroef deksel

IDENTIFIKASIE VAN SILVERLAB NEBULISING LIQUID

Helder kleurlose vloeistof.

REGISTRASIENOMMER

Om aangekondig te word.

NAAM EN BESIGHEIDSADRES VAN DIE REGISTRASIESERTIFIKAATHOUER

Vervaardig deur:

Silverlab Healthcare

27 Malta Straat

Cosmo Business (Besigheid) Park

Roodepoort

2188

Suid Afrikaanse produk

Kliëntediens +27 83 450 2112

E-pos: info@silverlab.co.za

www.silverlab.co.za

TOEGANG TOT OOREENSTEMMENDE PROFESSIONELE INLIGTING

Sien inligting op bogenoemde webwerf.

HIERDIE VOUBILJET WAS LAAS HERSIEN OP

22 Februarie 2022.